

REFUEL & RECOVER

UNIQUE BLENDS FOR RECOVERY
20oz. - \$8.00

CHOCOLATE COVERED

STRAWBERRY 380 CAL

Strawberries & Organic Chocolate with Vanilla Whey Protein

COOKIES N' CREAM EXTREME 410 CAL

Choice of Liquid, Organic Sandwich Cookies, Cream, Chocolate & more Cookie Bits with Chocolate Whey Protein

DOUBLE CHOCOLATE

CRUNCH 370 CAL

Choice of Liquid, Organic Chocolate & Organic Sandwich Cookies with Chocolate Whey Protein

ENERGY ELIXIR 490 CAL

Choice of Liquid, Organic Coffee, Organic Chocolate & 'Get Energized' with Vanilla Whey Protein

JAMAICA ME CRAZY 400 CAL

Strawberries, Blueberries, Blackberries, Raspberries, Banana, Honey & 'Get Flexible' with Vanilla Whey Protein

REFUEL & DETOX

DELICIOUS VEGGIE FUSIONS
20oz. - \$8.00

APPLES & GREENS 240 CAL

Apples, Spinach & Kale with Lemon

PROBIOTIC POWER 230 CAL

Unsweetened Almond Milk, Strawberries, Yogurt & 'Get Regular' with Vanilla Whey Protein

RED VELVET CUPCAKE 320 CAL

Unsweetened Almond Milk, Yogurt, Organic Chocolate, Beets & Vanilla with Chocolate Whey Protein

REFRESHERS

JUICE & GREEN COFFEE EXTRACT
20oz. - \$4.50

STRAWBERRY ACAI

Ripe Strawberry & a Boost of Acai Berries

WATERMELON CUCUMBER MINT

Crisp Cucumber, Sweet Watermelon & a Hint of Mint

WILDBERRY HIBISCUS

Hibiscus Floral Notes with Sweet & Tart Berries

BLOOD ORANGE COCONUT GINGER

Citrus & Ginger with Smooth Coconut

DRAGON FRUIT LYCHEE

Tropical Dragon Fruit & Zesty Lychee Berries

LIGHT & LEAN

LESS SUGAR & LOWER CALORIES
20oz. - \$8.00

BROWNIE BATTER 420 CAL

Unsweetened Almond Milk, Cacao, Yogurt, Chia Seeds, Vanilla, Honey & an Organic Sandwich Cookie with Vanilla Whey Protein

RAZZLE DAZZLE 220 CAL

Unsweetened Almond Milk, Raspberries, Banana & Vanilla with Vanilla Whey Protein

SLENDERBERRY 210 CAL

Unsweetened Almond Milk, Pineapple, Raspberries, Banana, Beets & Orange with Vanilla Whey Protein

BODY SHREDDER 260 CAL

Choice of Liquid, Banana, 5g Creatine & 'Get Regular' with Vanilla or Chocolate Whey Protein

ENERGIZE ME 320 CAL

Oranges, Tangerines, Banana & 'Get Energized' with Vanilla Whey Protein

HEALTHY HEARTBEAT 230 CAL

Unsweetened Almond Milk, Strawberries, Blueberries, Blackberries, Raspberries & Beets with Vanilla Whey Protein

KALE SALAD 240 CAL

Unsweetened Almond Milk, Kale, Strawberries, Lemon, Honey, Almond Butter & 'Get Energized' with Vanilla Whey Protein

PB BLUEBERRY MUFFIN 320 CAL

Unsweetened Almond Milk, Apple Cinnamon Granola, PB Lite, Blueberries & Cinnamon with Vanilla Whey Protein

PINK LEMON-AID 290 CAL

Strawberries & Lemonade with Vanilla Whey Protein

Low Sugar <20g Ridiculously Low Sugar <10g

PRE-WORKOUT

FUEL YOUR WORKOUT | 16oz. - \$2.50

PRECOVERY

Not a Shake! Cherry-Flavored Pre-Workout Drink with BCAAs. Promotes Strength, Stamina & Muscle Recovery

ADD-INS

ACHIEVE YOUR GOALS

WHEY OR PLANT PROTEIN - \$2.00

1 scoop Vanilla or Chocolate

DAILY MASS BUILDER - \$1.50

1 scoop Vanilla or Chocolate

SUPPLEMENTS - \$1.00

Get Energized • Get Essentials • Organic Super Greens
Get Lean • Get Recovered • Get Regular
Glutamine • Creatine

MEAL REPLACEMENT

A LOW-GLYCEMIC MEAL-IN-A-CUP
20oz. - \$8.50

BANANA BREAD BATTER 380 CAL

Unsweetened Almond Milk, Sweet Potato, Yogurt, Oats & Banana with Vanilla Whey Protein

BANANA SPLIT 390 CAL

Choice of Liquid, Strawberries, Organic Chocolate, Banana & 'Get Essentials' with Vanilla Whey Protein

FOR EVERY DAY 430 CAL

Unsweetened Almond Milk, Banana, Blueberries, Kale, Peanut Butter, Flax Seed Oil & 'Get Essentials' with Vanilla Whey Protein

GO NUTS! 490 CAL

Unsweetened Almond Milk, Peanut Butter, PB Lite, Oats, Honey & 'Get Energized' with Vanilla Whey Protein

KETORIFIC 340 CAL

Unsweetened Almond Milk, PB Lite & Flax Seed Oil with Vanilla & Chocolate Whey Protein

PB & JAM 490 CAL

Unsweetened Almond Milk, Strawberries, Peanut Butter & Oats with Vanilla Whey Protein

BREAKFAST

START THE DAY RIGHT | 20oz. - \$8.50

A GREAT START 400 CAL

Choice of Liquid, Apple Cinnamon Granola, Blueberries, Strawberries, Honey, Banana & 'Get Regular' with Vanilla Whey Protein

APPLE-A-DAY 380 CAL

Choice of Liquid, Apples, Organic Chat Spices, Yogurt & Apple Cinnamon Granola with Vanilla Whey Protein

BERRY SUNRISE 550 CAL

Strawberries, Blueberries, Blackberries, Raspberries, Peanut Butter, Banana & Flax Seed Oil with Vanilla Whey Protein

MORNING SUNRISE 330 CAL

Oranges, Tangerines, Banana, Strawberries, Flax Seed Oil & 'Get Essentials' with Vanilla Whey Protein

AM SPECIAL 390 CAL

Water, PB Lite, Oats & Banana with Chocolate Whey Protein

BREAKFAST OF CHAMPIONS 540 CAL

Choice of Liquid, Peanut Butter, Apple Cinnamon Granola, Raisins, Banana & Flax Seed Oil with Vanilla Whey Protein

